

# OUT-OF-SCHOOL TIME

## *Youth Services Guide*

2008

Health and Life Skills  
Education and Career Development  
Sports and Recreation  
Arts  
Character Development





# HEALTH AND LIFE SKILLS



## **YOUTH SERVICES GUIDE PURPOSE STATEMENT**

The Youth Services Guide is designed for referral providers who want to link youth to appropriate activities of quality. When a referral provider gives the name and number/website of a listed organization to a child/parent, the child/parent should be able to get the needed information from that organization and make the necessary arrangements with that entity and not have to be referred yet another time.

## **STANDARDS FOR INCLUSION IN THIS GUIDE**

- Quality: Judgment for inclusion on the part of KYDNet staff as to whether or not the organization is actively pursuing the CC2Y.
- Non-Profit Organization
- Ongoing service or recurring events, not just a one-time occurrence
- Open to all interested and eligible persons from the community; not limited to a target population that connects with the program via a specified referral process such as through the student's school or through Community Mental Health.

### **Exclusions**

- Organizations that do not respond to attempts to update information annually may be excluded for lack of current information.

# **KYDNET QUALITY YOUTH DEVELOPMENT PROGRAMMING ENDORSEMENT**

## **Community Commitment to Youth (CC2Y)**

Kalamazoo Youth Development Network (KYDNet) collaborated with area youth-serving organizations to create and guide the implementation of the Community Commitment to Youth (CC2Y). The CC2Y is comprised of eight researched-based concepts developed from the Seven Developmental Needs of Adolescents identified by the High/Scope Educational Research Foundation ([www.highscope.org](http://www.highscope.org)). Using the CC2Y approach in an adolescent youth settings helps meet the developmental needs of youth participants and thus to maximize positive youth development.

### **Obtaining Endorsement**

The CC2Y sets a community standard for positive youth development. The Kalamazoo Youth Development Network (KYDNet) can help your organization assess the extent to which your youth programming embodies or promotes the CC2Y pledges. KYDNet also offers High/Scope training to increase organizations' capacity for positive youth development. Programs actively striving to fulfill the CC2Y pledges are included in the Youth Service Guide.

For information on KYDNet Quality Youth Development Programming Endorsement, call (269) 343-2524

### **CC2Y Pledges**

1. We believe in offering youth a variety of activities that reflect their interests and will allow them to express their creativity.
2. We recognize the wide diversity of youth and believe in empowering *all* youth as they move towards adulthood.
3. We believe in encouraging youth to be open with their ideas and opinions in establishing, maintaining, and evaluating the programs they participate in.
4. We believe in being positive role models and mentors in the lives of youth.
5. We recognize that youth have a need for physical activity and its benefits.
6. We believe in supporting youth in their successes and failures and recognizing their efforts.
7. We recognize that youth have a right to feel safe in their environment.
8. We believe that youth involvement is beneficial in setting clear boundaries and fair expectations for their activities and programs.

### **Acknowledgements**

Thank you to all of the agencies that have provided details on the services they provide for youth.

Thank you to Marc Meulman and Coco Cook (Kalamazoo Communities In Schools), Simone Snyder and Teresa Thrash (KYDNet), Denise Hartsough (GKUW), and Judy Whitehurst, Lindsay Moulds and Amanda Pfeiffer (Gryphon Place) for their collaborative development of this guide.

# Out of School Time — Health and Life Skills

Interfaith Homes  
(269) 382-0012

New Genesis  
(269) 343-7023

Kalamazoo  
Nature Center  
(269) 381-1574

Boys & Girls Clubs  
(269) 349-4485

Planned Parenthood  
(269) 372-1200

Prevention Works  
(269) 388-4200

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Boy Scouts  
(269) 343-4687

## HEALTH AND LIFE SKILLS DEFINITIONS

### HEALTH EDUCATION

Programs that provide information that improves the public's understanding of living and working conditions and other factors that safeguard their health and prevent or reduce the risk of injury, disease, disability and premature death. Health education programs help people make informed decisions about matters which affect their personal health and the health of others. They inform the public of health and safety hazards, help people modify behaviors that compromise their health, encourage people to take advantage of early detection programs and provide information about treatment and rehabilitation options for people who have an illness, injury or disability. They also provide anticipatory information or guidance to help people deal with and understand specific medical procedures, being hospitalized or other necessary interfaces with the health care system.

### LIFE SKILLS EDUCATION

Programs that offer training which focuses on the knowledge and skills an individual may need to live independently or make a successful transition to independent living. Participants may include runaway teens who are living on their own, teens who because of age can no longer be maintained in foster care, new widows, battered women and others who have lived in an environment in which decision making and responsibility of daily living have been handled by another as well as people currently living independently who want to be more effective. Training may address job search and retention, money management, insurance, taxes, rental agreements, vehicle purchase, nutrition, home management, health care, legal emancipation for teens and other similar topics.

## Out of School Time — Health and Life Skills

Interfaith Homes  
(269) 382-0012

New Genesis  
(269) 343-7023

**INTERFAITH HOMES**  
(269) 382-0012  
1037 Interfaith Blvd.  
Kalamazoo, MI 49007  
Jennifer Williams  
jw@phoenixproperties.com

CONTACT: Marvita Little

SERVICE: Tutoring, arts, movies, computer time.

ELIGIBILITY: Residents of Interfaith homes.

HOURS:

FEES:

APPLICATION PROCESS:

TRANSPORTATION:

PROGRAM EVALUATION METHODS:

**NEW GENESIS**  
*Education Center*  
(269) 343-7023  
1340 Cobb Street  
www.newgenesisinc.org

CONTACT: Anquanette Wilbon

SERVICE: Provides Social Room: Come socialize, play games, watch a movie, or relax on the sofa. These rooms are for all youth who want to just chill.

ELIGIBILITY:

HOURS: Call

FEES: None

APPLICATION PROCESS:

TRANSPORTATION:

PROGRAM EVALUATION:

## Out of School Time — Health and Life Skills

Kalamazoo  
Nature Center  
(269) 381-1574

Planned Parenthood  
(269) 372-1200

**KALAMAZOO NATURE CENTER**  
(269) 381-1574  
www.naturecenter.org

**CONTACT:**

**SERVICE:** The Nature Center provides environmental education, consultation, curriculum planning and personal training on a 1000-acre preserve. The Nature Center seeks to provide better understanding and appreciation of nature. It also provides information, consultation and other services related to avian (bird) research and wild animal care.

**ELIGIBILITY:** Anyone, all ages. Serves Kalamazoo, Van Buren, Allegan, Calhoun counties.

**HOURS:** M-Sa 9 to 5 and Su 1 to 5

**FEES:** Varies per activity; admission \$6.00 adults; \$4.00 ages 4-13. Members free.

**APPLICATION PROCESS:** Phone for further information

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**PLANNED PARENTHOOD**  
*The Center for Leadership in Sexuality Education*  
(269) 372-1200  
4201 W. Michigan  
www.ppscm.org

**CONTACT:** Andrea Anderson, Director of The Center for Leadership in Sexuality Education

**SERVICE:** High quality, confidential sexual health education. Presentations, one-on-one consultations, books, videos, periodicals, workshops, seminars, etc.

**ELIGIBILITY:** Teachers, parents, clergy, teens — anyone seeking information on sex, sexuality, talking about sex, etc.

**HOURS:** By Appointment

**FEES:** None

**APPLICATION PROCESS:** None

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Health and Life Skills

Boys & Girls Clubs  
(269) 349-4485

Prevention Works  
(269) 388-4200

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

CONTACT: Jill Angell  
jilla@bgckzoo.org

SERVICE: After school programming.

ELIGIBILITY: Kindergarten through 12th grade.

HOURS: M-TH: 3:30pm-9pm  
Friday: 3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under MUST go home by 6pm.

FEES: None

APPLICATION PROCESS: Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

TRANSPORTATION: None.

**PREVENTION WORKS**  
**Project TAR**  
(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

CONTACT: Jessica Bradford, Program Coordinator

SERVICE: Project TAR is a nationally recognized community-based curriculum divided into six sessions lasting forty-five minutes each. A variety of educational strategies are used including cooperative learning groups, large-group discussions, and role plays to prevent youth from using tobacco products. Youth learn and practice skills for resisting peer pressure and discover that not using is the norm among

their age group. Youth learn about the covert messages in tobacco advertising aimed at youth and determine their own personal reasons for not using.

ELIGIBILITY: Project TAR is geared for youth between the ages of 10 and 15 throughout all of Kalamazoo County.

HOURS: Project TAR is an in-school and after school program. During the summer months, Project TAR is offered throughout the day.

FEES: None

APPLICATION PROCESS:

TRANSPORTATION: None

PROGRAM EVALUATION METHOD: Project TAR is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. All data is compiled annually into a report by the evaluation team. These reports have shown that Project TAR consistently positively impacts participants, decreasing their likelihood of using tobacco products in the future.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

**PREVENTION WORKS**  
***Strengthening Families Program***  
(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Strengthening Families is a scientifically evaluated parent, youth, and family skill building curriculum designed to prevent teen substance abuse and other behavior problems, strengthen parenting skills, and build family cohesion. Each of its 7 sessions begins with a free dinner and prizes are raffled off at the close of the session. Supervised activities for children over 2 is provided.

**ELIGIBILITY:** Strengthening Families is available to families with youth between the ages of 10 and 14 throughout all of Kalamazoo County.

Strengthening Families is delivered out in the community at various different locations. Please call for more details.

**HOURS:** Strengthening Families is offered in the evenings, one night per week for seven weeks. Each session is two and a half hours long and includes a free dinner.

**FEES:** None

**APPLICATION PROCESS:** Strengthening Families is delivered out in the community at various different locations. Please call for more details.

**TRANSPORTATION:** Available. Please call for details.

**PROGRAM EVALUATION METHODS:** The Strengthening Families Program is evaluated by an independent, contracted evaluation team who analyze participant surveys in order to estimate program impact. All data is compiled annually into a report by the evaluation team. These reports have shown that The Strengthening Families Program consistently positively impacts participants, decreasing the likelihood of youth using and/or abusing substances in the future and strengthening parenting skills among parent participants.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

### PREVENTION WORKS

#### *Project ALERT*

(269) 388-4200

611 Whitcomb Street, Suite A

[www.prevention-works.org](http://www.prevention-works.org)

CONTACT: Jessica Bradford, Program Coordinator

SERVICE: Project ALERT is a nationally recognized, award-winning program which provides youth with the information and skills they need to resist tobacco, alcohol, marijuana, and inhalants. Project ALERT engages youth in the learning process using group activities, role plays, real life videos, and hands-on activities. This program consists of 11 forty-five minute sessions and is designed for youth between the ages of 11 and 14. Results from this program have shown that youth participants reduced initiation of marijuana use, reduced cigarette use, and developed significant enhanced anti-drug beliefs.

ELIGIBILITY: Project ALERT is available to youth between the ages of 11 and 14 throughout Kalamazoo County.

HOURS: Project ALERT is an in-school and after-school program. During the summer months, it is offered throughout the day.

FEES: None

APPLICATION PROCESS:

TRANSPORTATION: None

### PROGRAM EVALUATION

METHODS: Project ALERT is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. All data is compiled annually into a report by the evaluation team. These reports have shown that Project ALERT consistently positively impacts participants, decreasing their likelihood of using and/or abusing substances in the future.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

### PREVENTION WORKS

#### *Celebrate Families Program*

(269) 388-4200

611 Whitcomb Street, Suite A

[www.prevention-works.org](http://www.prevention-works.org)

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Celebrate Families is a scientifically evaluated parent, youth, and family skill building curriculum designed to prevent behavioral problems, strengthen parenting skills, and build family cohesion. Each of its 8 sessions begins with a free dinner and prizes are raffled off at the close of the session. Free supervised activities for children over 2 are provided.

**ELIGIBILITY:** Celebrate Families is available to families with youth between the ages of 5 and 9 throughout all of Kalamazoo County.

**HOURS:** Celebrate Families is offered in the evening one night per week for eight weeks. Each session is two hours long and includes a free dinner.

**FEES:** None

**APPLICATION PROCESS:** Celebrate Families is delivered out in the community at various different locations. Please call for more details.

**TRANSPORTATION:** Available. Please call for details.

**PROGRAM EVALUATION METHODS:** The Celebrate Families Program is evaluated by an independent, contracted evaluation team who analyze participant surveys in order to estimate program impact. All data is compiled annually into a report by the evaluation team. These reports have shown that The Celebrate Families Program consistently positively impacts participants, decreasing the likelihood of youth behavioral problems and strengthening parenting skills among participants.

Prevention Works  
(269) 388-4200

### **PREVENTION WORKS**

#### ***Peer Power Program***

(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** The Peer POWER Program is a health education program consisting of four different curricula: Healthy Choices; Violence Prevention; Diversity Promotion; and Alcohol, Tobacco, and Other Drugs Prevention. Peer POWER is an interactive, evidence-based prevention program for youth between the ages of 8 and 17 facilitated by area youth for youth. Free snacks are available at every session and concepts are reinforced through interactive games and activities. Participants earn points for attendance which can be cashed in for prizes. Peer POWER is 12 sessions long and is delivered out in the community at various different locations.

**ELIGIBILITY:** Peer POWER is available to youth between the ages of 8 and 17 throughout all of Kalamazoo County.

**HOURS:** Peer POWER is an after-school program during the school year and is offered throughout the day during the summer.

**FEES:** None

**APPLICATION PROCESS:**

**TRANSPORTATION:** None. Peer POWER is delivered out in the community at various different locations. Please call for more details.

### **PROGRAM EVALUATION**

**METHODS:** Peer POWER is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. At the end of a cycle (12 sessions make up a cycle), a focus group is conducted. Supplementary studies are conducted as the need arises based on incoming data. All data is compiled annually into a report by the evaluation team. These reports have shown that Peer POWER consistently positively impacts participants, decreasing their likelihood of participating in risky behaviors in the future.

## Out of School Time — Health and Life Skills

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Boy Scouts  
(269) 343-4687

### **GIRL SCOUTS OF GLOWING EMBERS COUNCIL**

(269) 343-1516  
601 W. Maple  
www.gsgec.org

#### **CONTACT:**

**SERVICE:** Learning new skills, building self-confidence and leadership abilities for girls, in-school programs, training programs, public relations, camping.

**ELIGIBILITY:** Girls 5-17 yrs in Allegan, Barry, Calhoun, Kalamazoo, Van Buren Co.

**HOURS:** Office hours are M-F 8:30am-7pm

**FEES:** \$7 for membership (financial assistance is available).

**APPLICATION PROCESS:** Phone for an appointment.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**BOY SCOUTS**  
(269) 343-4687  
1035 W. Maple

#### **CONTACT:**

**SERVICE:** Educational program for boys and young adults to build character, develop citizenship and personal fitness.

**ELIGIBILITY:** Children, adolescents, and adults. Area served is Kalamazoo County. Ages served are young men 7-21 yrs, women 14-21 & adults.

**HOURS:** Vary by group. Usually 1 - 1.5 hours weekly after school or in the evenings.

**FEES:** \$10 annual registration, financial assistance available.

**APPLICATION PROCESS:** Self or parent

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Health and Life Skills

### HEALTH AND LIFE SKILLS AGENCIES WITH LACKING INFORMATION:

#### **KALAMAZOO COMMUNITIES IN SCHOOLS**

##### ***Girls on the Run***

(269) 385-5806

#### **KALAMAZOO COMMUNITIES IN SCHOOLS**

##### ***Girls on Track***

(269) 385-5806

#### **4-H MSU EXTENSION**

(269) 383-8648

##### ***Turn 2 Foundation***

##### ***Jeter's Leaders***

*W*[www.mlb.com/players/jeter\\_derek/leaders/kalamazoo.jsp](http://www.mlb.com/players/jeter_derek/leaders/kalamazoo.jsp)

#### **YMCA**

##### ***Sherman Lake***

(269) 731-3000

6225 N. 39th St.

[shermanlakeymca.org](http://shermanlakeymca.org)

[shermanlakeymca@ymcasl.org](mailto:shermanlakeymca@ymcasl.org)

#### **NEW LATINO VISIONS**

[www.newlatinovisions.org](http://www.newlatinovisions.org)

(269) 598-2452

[ajuarez@newlatinovisions.org](mailto:ajuarez@newlatinovisions.org)

#### **NEW HORIZON LEARNING CENTER**

(269) 341-9438

EDUCATION AND  
CAREER  
DEVELOPMENT

Boys and Girls Clubs  
(269) 349-4485

Goodwill  
Vocational Services  
(269) 382-0490

Junior Achievement  
(269) 349-0860

YOU  
(269) 349-9676

## **EDUCATION AND CAREER DEVELOPMENT DEFINITIONS**

### **EDUCATION PROGRAMS**

Programs that provide opportunities for people to acquire the knowledge, skills, desirable qualities of behavior and character, wisdom and general competence that will enable them to fully participate in and enjoy the social, political, economic and intellectual life of the community.

### **CAREER DEVELOPMENT PROGRAMS**

Programs that help people make appropriate decisions regarding the sequence of occupational roles or career decisions.

## Out of School Time — Education and Career Development

Boys and Girls Clubs  
(269) 349-4485

Great Lakes  
Peace Jam  
(269) 343-5324

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

CONTACT: Jill Angell  
jilla@bgckzoo.org

SERVICE: After school programming.

ELIGIBILITY: Kindergarten through 12th grade.

HOURS: M-TH: 3:30pm-9pm  
Friday:3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under MUST go home by 6pm.

FEES: None

APPLICATION PROCESS: Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

TRANSPORTATION: None

PROGRAM EVALUATION METHOD:

**GREAT LAKES PEACEJAM**  
*PeaceJam Leaders*  
(269) 492-7750  
625 Harrison St. #2  
www.peacejam.org

CONTACT: Kori Jock, Program Coordinator

SERVICE: Connects youth with Nobel Peace Laureates through programs that incorporate service-learning, conflict resolution, character development, and leadership skills. Youth study the lives of the different Nobel Peace Laureates as adolescents while creating a service-learning project that addresses issues they see in their community.

ELIGIBILITY: Middle school-aged children in middle schools, faith-based organizations and non-profit agencies in Kalamazoo county.

HOURS: Vary depending on the site.

FEES: None

APPLICATION PROCESS:

TRANSPORTATION:

PROGRAM EVALUATION METHOD:  
Pre/post surveys are given to all participants.

# Out of School Time — Education and Career Development

Goodwill  
Vocational Services  
(269) 382-0490

Junior Achievement  
(269) 343-0860

**GOODWILL**  
*Vocational Services*  
(269) 382-0490  
420 E. Alcott  
www.goodwillswmi.org

CONTACT: Mandy Matthews  
amatthews@goodwillswmi.org

SERVICE: Vocational evaluation,  
situational assessments, work experiences.  
High school youth services.

ELIGIBILITY: Direct referral, fee for  
service, disabling condition and  
employment barriers.

HOURS: M-Thur. 7am – 5:30pm

FEES: Paid for by referring agency.

APPLICATION PROCESS: Through  
referring agency.

TRANSPORTATION: Metro Transit.

PROGRAM EVALUATION METHOD:

**JUNIOR ACHIEVEMENT OF SOUTHWEST  
MICHIGAN**

*Financial Literacy*  
(269) 343-0860  
15189 South Helmer Rd.  
Battle Creek, MI 49015  
<http://swmichigan.ja.org>

CONTACT: Laura Denick, Education  
Manager

SERVICE: Financial literacy, entrepre-  
neurship, and work readiness for kinder-  
garten through high school as well as after  
school programs. The lessons are taught  
in the classroom (5 to 7 one-hour lessons)  
by a trained volunteer.

ELIGIBILITY: All school age children  
of Southwest Michigan

HOURS: During the school day as well as  
after.

FEES: None

APPLICATION PROCESS:

TRANSPORTATION: None.

PROGRAM EVALUATION METH-  
ODS:

We use pre and post tests as well as stud-  
ies completed by our headquarters. We  
also have the teacher and volunteer fill out  
an evaluation form.

:

## Out of School Time — Education and Career Development

Youth Opportunities  
Unlimited  
(269) 349-9676

### **YOUTH OPPORTUNITIES UNLIMITED**

#### ***Michigan Works***

(269) 349-9676  
422 E. South Street  
[www.youthopportunities.org](http://www.youthopportunities.org)

CONTACT: Lisa D. Smith  
[ldsmith@kresanet.org](mailto:ldsmith@kresanet.org)

SERVICE: Assistance with credit recovery and graduation, work experience, supportive services, certifications and job placement.

ELIGIBILITY: WIA Youth Services: 16-21 years old, low income, resident of Kalamazoo or St. Joseph Counties and, if not a high school graduate, must be able to graduate by June 2009. Credit Recovery and Graduation Program: Kalamazoo County high school student, referred by school counselor for NovaNET.

HOURS: M-F 9am-5pm

FEES: None

APPLICATION PROCESS: Call 269-349-9676

TRANSPORTATION: Bus tokens when determined eligible and enrolled in program.

PROGRAM EVALUATION METHOD:

# Out of School Time — Education and Career Development

## EDUCATION AND CAREER DEVELOPMENT AGENCIES THAT ARE LACKING INFORMATION:

**NEW GENESIS**  
***Project Impact***  
(269) 343-7023

**MSU BIOLOGICAL STATION**  
(269) 671-2181

**AIR ZOO**  
(269) 382-6555  
(866) 524-7966  
[www.airzoo.org](http://www.airzoo.org)

**KALAMAZOO VALLEY MUSEUM**  
(269) 345-5595  
(800) 772-3370  
[kvm.kvcc.edu](http://kvm.kvcc.edu)

**KID BIZ**  
(269) 375-4225  
Contact: Erma Gordon

**YWCA**  
***TechGYRLS***  
(269) 345-6025  
353 E. Michigan Avenue  
[ranehring@ywcakalamazoo](mailto:ranehring@ywcakalamazoo)

# SPORTS AND RECREATION

# Out of School Time — Sports and Recreation

Boy Scouts  
(269) 343-4687

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Special Olympics  
(269) 387-2718

Lawson Ice Arena &  
Gabel Natatorium  
(269) 387-3050

New Genesis  
(269) 343-7023

Boys & Girls Clubs  
(269) 349-4485

## SPORTS AND RECREATION DEFINITIONS

### RECREATIONAL AND SPORT PROGRAMS

Programs that provide opportunities for people of all ages to learn, become competitive in and enjoy the organized recreational activity, sport or game of their choice. These programs may be offered by local clubs devoted to a particular activity or sport; may provide individual or team coaching assistance or instruction, access to equipment and facilities, and uniforms, if necessary; and may sponsor or make arrangements for athletes to participate in amateur competitions, usually at the local, regional or state/provincial level, and provide officials for games. These events are generally for the enjoyment of the athletes and are not at a high enough competitive level to be considered spectator sports.

## Out of School Time — Sports and Recreation

Lawson Ice Arena  
(269)387-3050

Boy Scouts  
(269) 343-4687

Girl Scouts  
(269) 343-1516

### LAWSON ICE ARENA AND GABEL NATATORIUM

(269) 387-3050  
www.wmich.edu/lawson

#### CONTACT:

**SERVICE:** Open skate, skating lessons, open swim, and swimming lessons.

#### ELIGIBILITY:

**HOURS:** Office open 8am-5pm  
Hours of services vary, please check the website for details.

**FEES:** vary depending on service

#### APPLICATION PROCESS:

#### TRANSPORTATION:

#### PROGRAM EVALUATION METHOD:

**BOY SCOUTS**  
(269) 343-4687  
1035 W. Maple

#### CONTACT:

**SERVICE:** Scouting is an educational program for boys and young adults to build character, develop citizenship and personal fitness.

**ELIGIBILITY:** Children, adolescents, and adults. Area served is Kalamazoo County. Age served is young men 7-21 yrs and women 14-21 and adults.

**HOURS:** Vary by group. Usually 1 - 1.5 hours weekly after school or in the evenings.

**FEES:** \$10 annual registration, financial assistance available.

**APPLICATION PROCESS:** Self or parent

#### TRANSPORTATION:

#### PROGRAM EVALUATION METHOD:

### GIRLS SCOUTS OF GLOWING EMBERS

(269) 343-1516  
601 W. Maple  
www.gsgec.org

#### CONTACT:

**SERVICE:** Learning new skills, building self-confidence and leadership abilities for girls, in-school programs, training programs, public relations, camping.

**ELIGIBILITY:** Girls 5-17 yrs in Allegan, Barry, Calhoun, Kalamazoo, Van Buren Co.

**HOURS:** M-F 8:30am-7pm

**FEES:** \$7 for membership (financial assistance is available)

**APPLICATION PROCESS:** Phone for an appointment.

#### TRANSPORTATION:

#### PROGRAM EVALUATION METHOD:

## Out of School Time — Sports and Recreation

New Genesis  
(269) 343-7023

Boys and Girls Clubs  
(269) 349-4485

Special Olympics  
(269) 387-2718

**NEW GENESIS**  
**Youth Sports Academy**

(269) 343-7023  
1340 Cobb Street  
www.newgenesisinc.org

**CONTACT:** Ervin Armstrong, Executive Director

**SERVICE:** Variety of sports that will include baseball, softball, basketball, football, volleyball, golf, bowling, soccer and more. There will be leagues, camps and clinics. Children will learn fundamental sports skills, sportsmanship, and character development as well as life skills.

**ELIGIBILITY:** Will vary with each sport. However, our focus will be children in the 1<sup>st</sup> through 8<sup>th</sup> grades

**HOURS:** Practices and clinics will be between the hours of 4-7pm. Games will usually be played on Saturdays.

**FEES:** Fees vary depending on the sport. But normally the fees will be \$50 per child, \$80 for two children and \$100 for three or more children per family. There will be scholarships available.

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION METHODS:**  
N/A

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**FEES:** No cost.

**HOURS:** M-TH: 3:30pm-9pm  
Friday: 3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under MUST go home by 6pm

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:** None.

**PROGRAM EVALUATION METHOD:**

**SPECIAL OLYMPICS**  
(269) 387-2718  
jlwisti@mindspring.com

**CONTACT:** DeDe at community mental health community advocates.

## Out of School Time — Sports and Recreation

Little League

Rocket Football

City of Kalamazoo Parks  
and Recreation  
(269) 337-8191

City of Portage Parks and  
Recreation

### WEBSITES:

#### LITTLE LEAGUE

[www.eteamz.com/midistrict2](http://www.eteamz.com/midistrict2)

Contact: Bud Vanderberg

[bvanderberg@llbmidistrict2.org](mailto:bvanderberg@llbmidistrict2.org)

For phone numbers to specific locations  
visit [www.eteamz.com/midistrict2/locations](http://www.eteamz.com/midistrict2/locations)

#### ROCKET FOOTBALL

Follow this link:

<http://portagerocket.com>

#### CITY OF KALAMAZOO PARKS AND RECREATION

(269) 337-8191

[www.kalamazoocity.org](http://www.kalamazoocity.org)

#### CITY OF PORTAGE PARKS AND RECREATION

[www.portagemi.com](http://www.portagemi.com)

# Out of School Time — Sports and Recreation

## SPORTS AND RECREATION AGENCIES LACKING INFORMATION:

### **DOUGLASS COMMUNITY**

#### **ASSOCIATION**

##### ***Hoopsters***

(269) 343-6185

Tim.terrentine@gmail.com

### **AYSO**

#### ***(American Youth Soccer Organization)***

(269) 353-7000

Dac2219@yahoo.com

### **KALAMAZOO COMMUNITIES IN SCHOOLS**

#### ***Girls on the Run***

(269) 385-5806

### **KALAMAZOO COMMUNITIES IN SCHOOLS**

#### ***Girls on Track***

(269) 385-5806

### **YMCA**

#### ***Youth Basketball League***

(269) 345-9622

1001 W. Maple street

### **YMCA**

#### ***Sherman Lake***

(269) 731-3000

6225 N. 39th St.

shermanlakeymca.org

shermanlakeymca@ymcasl.org

# ARTS

## Out of School Time — Arts

City of Kalamazoo  
Youth Development  
Center  
(269) 337-8191

Kalamazoo Institute of  
Arts  
(269) 349-7775

Boys & Girls Clubs  
(269) 349-4485

### ARTS PROGRAMS

#### RECREATIONAL/LEISURE/ARTS INSTRUCTION

Programs that provide classes or individual lessons for people who want to develop an appreciation for or competency in a particular recreational, artistic or leisure-time activity.

## Out of School Time — Arts

City of Kalamazoo  
Youth Development  
Center  
(269) 337-8191

**YOUTH DEVELOPMENT CENTER**  
***City of Kalamazoo Department of Parks  
and Recreation***

(269) 337-8191  
[www.kalamazoocity.org/ydc](http://www.kalamazoocity.org/ydc)

CONTACT: Denise Siegel  
[siegeld@kalamazoocity.org](mailto:siegeld@kalamazoocity.org)  
Victor Taylor

SERVICE: Computer labs, homework  
help, boys nights, girls nights, teen nights,  
hip hop nights, art classes, theater classes,  
and Youth Action Council

ELIGIBILITY: Middle School and High  
School Youth. Ages 12-18.

HOURS: M&F: 8am-5pm. Tues– Thurs:  
8am-8pm.

FEES: Varies According to Program. Com-  
puter Lab and facility are drop in.

APPLICATION PROCESS: None. Drop-  
in center.

TRANSPORTATION: None

PROGRAM EVALUATION METHOD:

## Out of School Time — Arts

Boys and Girls Clubs  
(269) 349-4485

Kalamazoo Institute of  
Arts  
(269) 349-7775

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**HOURS:** M-TH: 3:30pm-9pm  
Friday:3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under **MUST** go home by 6pm.

**FEES:** No cost.

**TRANSPORTATION:** None.

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**KALAMAZOO INSTITUTE OF THE ARTS**  
(269) 349-7775  
www.kiarts.org  
Museum@kiarts.org

**CONTACT:**

**SERVICE:** The goal of the Kirk Newman Art School is to nurture artistic creativity in the residents of West Michigan by providing high-quality classes and workshops at reasonable cost for people of all ages and skill levels. The classes are relaxed and informative.

**ELIGIBILITY:**

**HOURS:**

**FEES:** Vary. A scholarship program, based on financial need, provides an opportunity for adults and children to study art. In addition, three merit scholarships awarded annually.

**APPLICATION PROCESS:** Registration for classes may be made in person, by mail, by fax, or over the phone. Application forms for scholarships are available in the Registration Office.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Arts

### ARTS AGENCIES LACKING INFORMATION:

**KALAMAZOO CHILDREN'S CHORUS**

(269) 547-7183

P.O. Box 50414

**KALAMAZOO PUBLIC LIBRARY**

(269) 342-9837

[www.kpl.gov](http://www.kpl.gov)

**COMSTOCK AUDITORIUM AND THEATRE**

(269) 388-9461

**ALL EARS RADIO THEATRE**

*Arts Council*

359 S. Kalamazoo Mall, Suite 203

(269) 342-5059

[mflynn@kalamazooarts.com](mailto:mflynn@kalamazooarts.com)

[www.allearstheatre.com](http://www.allearstheatre.com)

**ACT/SO**

(269) 343-4105

[kzooNAACP@yahoo.com](mailto:kzooNAACP@yahoo.com)

**YOUTH THEATRE**

*The Civic*

[www.kzoocivic.com](http://www.kzoocivic.com)

**KALAMAZOO JUNIOR SYMPHONY**

**ORCHESTRA**

(269) 349-7557

714 S. Westnedge Ave, Room 344

[www.kjso.org](http://www.kjso.org)



# CHARACTER AND LEADERSHIP

# Out of School Time — Character and Leadership

Youth Opportunities  
Unlimited  
(Michigan Works)  
(269) 349-9676

Youth United Way  
(269) 343-2524

Prevention Works  
(269) 388-4200

Youth Development  
Center  
(269) 337-8191

## CHARACTER AND LEADERSHIP DEFINITIONS

### LEADERSHIP DEVELOPMENT

Programs that provide opportunities for individuals of all ages to develop their leadership and management skills through participation in activities which require planning and organizing ways to achieve planned objectives, motivating members to complete tasks they have agreed to perform and evaluating the group's progress; or through training which addresses these skills.

## Out of School Time — Character and Leadership

United Way Youth  
(269) 925-7772

Youth Opportunities  
Unlimited (Michigan  
Works)  
(269) 349-9676

**YOUTH UNITED WAY**  
(269) 343-2524  
709 S Westnedge Ave  
www.kalamazoounitedway.org

CONTACT: Mary Lou Boughton

SERVICE:

ELIGIBILITY: Kalamazoo County High  
School-aged youth.

HOURS: Monday evenings during the  
school year.

FEES: None

APPLICATION PROCESS:  
Call 343-254, ext. 244

TRANSPORTATION: None

PROGRAM EVALUATION METHOD:  
Survey

**YOUTH OPPORTUNITIES UNLIMITED**  
*(Michigan Works)*  
(269) 349-9676  
422 E. South Street

CONTACT: Lisa D. Smith  
ldsmith@kresanet.org

SERVICE: Assistance with credit recovery and graduation, work experience, supportive services, certifications and job placement.

ELIGIBILITY: WIA Youth Services: 16-21 years old, low-income, resident of Kalamazoo or St. Joseph Counties and if not a high school graduate must be able to graduate by June 2009. Kalamazoo County high school student, referred by school counselor for NovaNET.

HOURS: M-F 9am-5pm

FEES: None

APPLICATION PROCESS: Call 269-349-9676

TRANSPORTATION: Bus tokens when determined eligible and enrolled in program.

PROGRAM EVALUATION METHOD:

## Out of School Time — Character and Leadership

Prevention Works  
(269) 388-4200

Youth Development Center (Parks and Recreations)  
(269) 337-8191

### **PREVENTION WORKS**

#### ***Project TAR***

(269) 388-4200

611 Whitcomb street, Suite A  
[www.prevention-works.org](http://www.prevention-works.org)

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Project TAR is a nationally recognized community-based curriculum divided into six sessions lasting forty-five minutes each. A variety of educational strategies are used including cooperative learning groups, large-group discussions, and role plays to prevent youth from using tobacco products. Youth learn and practice skills for resisting peer pressure and discover that not using is the norm among their age group. Youth learn about the covert messages in tobacco advertising aimed at youth and determine their own personal reasons for not using.

**ELIGIBILITY:** Project TAR is geared for youth between the ages of 10 and 15 throughout all of Kalamazoo County.

**SITE:** Various locations

**HOURS:** Project TAR is an in-school and after school program. During the summer months, Project TAR is offered throughout the day.

**FEES:** None

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHODS:** Project TAR is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future.

All data is compiled annually into a report by the evaluation team. These reports have shown that Project TAR consistently positively impacts participants, decreasing their likelihood of using tobacco products in the future.

### **YOUTH DEVELOPMENT CENTER**

***(City of Kalamazoo Department of Parks and Recreation)***

(269) 337-8191

[www.kalamazoo-city.org/ydc](http://www.kalamazoo-city.org/ydc)

**CONTACT:** Denise Siegel  
[siegeld@kalamazoo-city.org](mailto:siegeld@kalamazoo-city.org)

**SERVICE:** Computer labs, homework help, boys nights, girls nights, teen nights, hip hop nights, art classes, theater classes, and Youth Action Council

**ELIGIBILITY:** Middle School and High School Youth. Ages 12-18.

**HOURS:** M&F: 8am-5pm. Tues– Thurs: 8am-8pm.

**FEES:** Varies According to Program. Computer Lab and facility are drop-in.

**APPLICATION PROCESS:** None. Drop-in center.

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

# Out of School Time — Character and Leadership

## CHARACTER AND LEADERSHIP AGENCIES LACKING INFORMATION:

**NEW GENESIS**  
(269) 343-7023  
Newgenesisinc.org

**DESTINATION IMAGINATION**  
www.micreativity.org

***Turn 2 Foundation***  
***Jeter's Leaders***

**MSU Extension**  
***4-H***  
(269) 383-8830

**GIRL SCOUTS**  
***Leadership Program***  
(269) 343-1516

**BOY SCOUTS**  
***Leadership Program***  
(269) 313-4687

**COMSTOCK COMMUNITY CENTER**  
**CHICKS PROGRAM**  
(269) 345-8556

**KALAMAZOO NATURE CENTER**  
***Teen Club***  
(269) 381-1574

**KALAMAZOO JUNIOR GIRLS**  
(269) 344-2330  
1114 W. Paterson

**ADVENTURE CENTER AT PRETTY LAKE**  
**DIVERSITY AWARENESS LEADERSHIP TRAINING (DALT)**  
(269) 375-1664  
9497 West Q. Avenue  
sdrumm@adventurecentre.org

